Catholic Tri-Parish Community

STS. SIMON & JUDE

OUR LADY OF GOOD COUNSEL PO Box E ST. PETER

105 S. Bates St.

FLKTON SD 57026

Colman, SD



Fasting:

Jesus fasted and prayed for 40 days in the desert, while being tempted by the devil. This time of desolation in the desert prepared Jesus to experience the desolation that is a part of sharing "The Good News" that God is with us, especially, with people who do not want God in their lives. Our 40 days of the Lenten Season is a preparation for us as we deny ourselves, while taking up our cross. When we fast, we will experience

temptations, but we resist the temptations with our God given powers of Faith, Hope and Love. Fasting brings on the spiritual battles that we will eventually have to face in this life, but it is at a time of our choosing, as opposed to struggling against the attacks of temptations at a time of satan's choosing, which will always be at a time when we are weakened by other stressful and difficult situations. Fasting is a spiritual exercise of self-denial, which is extremely beneficial to overcome our wounded human nature of disordered pride that loves ourself more than God or others, or in other words, self-concern. Disordered pride is manifested in different ways, such as, trying to be in control in order to get our way; being greedy and envious by wanting to possess things; being gluttonous or lustful seeking the physical pleasures to be comfortable; being slothful and lazy by not taking responsibility and working hard; being angry and seeking revenge; etc.... Fasting is a powerful way to receive The Grace of God, by humbling ourselves to accept our weaknesses as we resist the temptations to respond in sinfully selfish ways. Through our free will choice to respond to situations with the powers of Faith, Hope and Love, we are being recreated into God's Image and Likeness, by practicing the virtues of humility, temperance, generosity, diligence, chastity, meekness and concern for others in us.

Technically, fasting is a penitential practice of not eating any food. This is required for one hour prior reception of Holy Communion, and on penitential days during the Lenten Season. It is optional for us to fast for a single day or for extended periods of time, BUT!!! "ALWAYS REMEMBER!!! to fast according to your ability." Fasting is a powerful form of prayer that goes beyond asking for God's Grace, by making a sacrificial offering of yourself to God. Fast according to your physical/bodily ability, and your spiritual ability, so that the physical weakness, shakiness, headaches or the spiritual temptations that you may experience, do not overwhelm your physical, emotional or spiritual well being. If the effects from the fast prevent you from fulfilling your daily responsibilities, or if you begin responding to others out of irritation and begin quarreling in anger and fighting "striking with wicked claw" (Isaiah 58:3), then it is better to end the fast, if you can not continue your daily duties and respond with Faith, Hope and Love of God toward others. It is a far better thing to be faithful and loving toward God and show kindness to others than for your fast to end with evil words and actions. However, if you can fast with your Faith, Hope and Love intact, then you will gain great blessings in doing so.

Again, fasting is a spiritual exercise that can help us to practice self control by calling upon our Gifts of Faith, Hope and Love to endure and conquer the temptations that come through physical weakness and discomfort. In doing so, we unite our sacrifices with The Ultimate Sacrifices and Suffering of our Lord Jesus Christ. Jesus made that ultimate act of self-denial by becoming a man; and then refusing to use His Divine Powers to serve Himself. Jesus used His Divine Powers to serve others, even though, He had great need while He lived in poverty and suffered weakness, hunger, thirst, fatigue and then He endured the rejection and hatred of others that brought upon Him the abuse and violence of terrible pain and death. Through it all, Jesus offered all of His Divine Life of Love for us to God The Father, and never yielded to the temptations of anger, hatred or revenge. Thus, Jesus not only won the victory over temptation, but also paid the price of our sins/evil, and obtained for us The Grace of God so that we might become like Him by accepting our sufferings and remaining obedient to God The Father by Loving and Serving one another. Jesus tells us to deny ourselves and take up our cross and follow Him. The practice of our Faith, Hope and Love in Jesus Christ will result in self sacrifice, but follow Jesus into the desert of desolation and engage in the battle against evil temptations and conquer them with The Powers of your Faith, Hope and Love.

6th Sunday in Ordinary Time ~ February 14, 2016

FATHER DOUG BINSFELD, PASTOR 997-2610 FAX: 573-2080 EMAIL: frdougbinsfeld@sfcatholic.org
MARILYN SCHWEBACH, secretary 997-2610 FAX: 573-2080 EMAIL: simonjude@iw.net

OFFICE HOURS: WED., THUR., & FRI. 9:00-4:00

Sister Benedicta Long (Elkton) 542-8221 ~ Father William Osborn (Colman) 605-660-3206

Liturgy Schedule			Location	Mass Intention
Mon., Feb. 15	7:30 AM 7:45 AM 9:00 AM	Prayer/Communion Service Prayer/Communion Service Mass (Fr. Osborn)	Flandreau Elkton Colman	
Tues., Feb. 16	7:45 AM	Prayer/Communion Service	Elkton	
Wed., Feb. 17	9:00 AM	Mass	Elkton	† Jim & Patricia Fargen
Thur., Feb. 18	7:45 AM 9:00 AM	Prayer/Communion Service Mass	Elkton Colman	 All Parishioners
Fri., Feb. 19	7:45 AM 5:00 PM 5:30 PM	Prayer/Communion Service Stations of the Cross Mass	Elkton Flandreau Flandreau	Lloyd Fields
Sat., Feb. 20	5:00 PM	Mass	Colman	All Parishioners
Sun., Feb. 21	8:30 AM 10:30 AM	Mass Mass	Elkton Flandreau	† G'Ann Hegerfeld † Carol (Hoss) Olson

Confessions are scheduled 1/2 hour prior to each weekend Mass.

MINISTERS OF SERVICE

COLMAN ~ SATURDAY, FEB. 20

Lay Minister: Julie Entringer, Mary Sweeney, Jerry

Hemmer

Lect./Comm.: Roger Merges

Altar Servers: Ben Zwart, Reese Luze

Gift Bearers/Usher/Greeters: Bill Miles Family

ELKTON ~ SUNDAY, FEBRUARY 21

Lay Ministers: Dave & Carol McMahon Lect./Comm.: Kelly Neill, Mary Remund Altar Servers: Wm & Garret Neill Greeters/Gift Bearers: Frank Seivert Ushers: Arlo Jurrens, Tom Gebhart.

FLANDREAU ~ SUNDAY, FEB. 21

Lay Minister: Charles Rosheim, Dave & Deb Feske Lect./Comm.: Pam Rorvik-Albers, Erica Rorvik © Altar Servers: Brooklyn & Luke Behrens, Madeline & Libby Hursey

Ushers/Greeters: Glenn Burggraff Family, Craig Shea

Sacristan: Tammy Stenger

Intention of the Holy Father for February:

That we may take good care of creation - a gift freely given - cultivating and protecting it for future generations.



Flandreau: \$3156.00 Elkton: \$1184.25 Colman: \$1118.10

Confessions:

Feb 17th: Wed. 5:30 Aurora

Elementary and HS confessions

Feb. 24th: Wed. Flandreau with Fr. Doug, Fr. Osborn & Fr. Mangan

Adoration and Confessions: 7:15-8:15

HS Confessions at 7:30.

Adult Confessions after HS has finished Elementary Confessions: 5:45

Mar 2, Wednesday, Colman, 6:00 Elementary and HS Confessions

Mar. 13: Communal Penance, Flandreau with Fr. Doug, Fr. Al and Fr. Rodney Farke

(Note date change from the Lenten mailing)

Mar 9: Wednesday, Elkton, 6:30

Elementary and HS Confessions

Read our parish bulletins on-line:

www.parishesonline.com/find/sts-simon-and-jude-parish

Daily Mass Readings:

Feb. 15: Lev 19:1-2,11-18;Ps 19:8-10, 15;Mt 25:31-46

Feb.16: Is. 55:10-11;Ps 34: 4-7,16-19; Mt 6:7-15

Feb. 17: Jon.3:1-10; Ps 51:3-4,12-13,18-19; Lk 11:29-32

Feb 18: Estr C:12,14-16,23-25; Ps 138:1-3,7-8; Mt 7:7-12

Feb 19: Ez 18:21-28;Ps 130:1-8; Mt 5:20-26

Feb. 20 : Deut 26:16-19; Ps 119:1-2,4-5,7-8; Mt 5:43-48

Feb 21 : Gen 15:5-12,17-18;Ps 27:1,7-9,13-14;Phil 3:17-4:1;

Mt17:5

STS. SIMON & JUDE

Bell Choir: Wednesdays at 6:30 PM.

<u>Choir Practice</u> for Lenten services will begin Sunday, Feb. 14 at 9:00 AM in the Choir Loft. All parish members are welcome to sing God's Praise! **Quilting**: Thursdays at 8:30 AM

Bible Study: Mondays at 7:00 PM Contact Amy.Weight@k12.sd.us or 605-651-0095

Fridays at 10:30 AM. Contact Tonya 864-1538.

<u>Lenten Soup Suppers</u> will be each Wednesday during Lent. Serving will begin at 5:30 in the church basement.

CDA: Lenten books are in the back of the church. Stations of the Cross: Wed. at 7:15; lead by CCD students & Fridays at 5:00 with Fr. Doug, followed by Mass at 5:30

FISH FRY: Church basement February 26th and March 11th starting at 6:00 pm. Fish, Cheesy potatoes, salad, bread, drink and dessert all for \$8.00. All are welcome. This is a joint project with the Knights of Columbus and Catholic Daughters.

(Please note date changes from the Lenten mailing)

<u>Card Party!</u> The Catholic Daughters are hosting a card party Saturday, February 27th at 10:00 in the church basement. Invite a guest and come for a fun morning with delicious food. Please RSVP to Rita Burns at 997-3309.

Youth Discipleship and Evangelization

D-Camp: June 13-16 (Grades 9-10) July 10 - 13 (Grades 11-12)

July 14 - 17 (Grades 7-8)

Going Deeper Retreat: St. Thomas Aquinas Parish in Madison on March 4. This retreat is for youth in grades 9 - 12 who are actively involved in their parish or have participated in other retreats/events and who want to grow in their faith. For more information contact Mary Anderson at 605-988-3766 or visit our website: www.sfcatholic.org/youth.

Discipleship Day

The Office of Discipleship & Evangelization is hosting its second Discipleship Day on April 9, 2016 at St. Michael Parish in Sioux Falls. We are inviting any adult involved in ministry or interested in learning more to come to this event to pray, grow, and learn the vision of discipleship. The guest speaker for the day will be Deacon James Keating.

OUR LADY OF GOOD COUNSEL

<u>Lenten Soup Suppers</u> will be each Wednesday during Lent starting on Ash Wednesday. Serving will begin at 5:30.

Stations of the Cross with the CCD Classes at 6:30 on Wednesdays

ST. PETER

Soup Suppers during Lent at 5:00 pm beginning Feb 17th.

<u>Stations of the Cross</u> with the CCD students will begin at 7:00pm

Coordinator for the CCD program needed Call Fr. Doug 997-2610

Wednesday Religious Education (CCD)

<u>SsS&J</u>: Classes: 5:45 PM for Pre,K-6; 7:15 PM for 7-12. Stations of the Cross begin Wed. Feb 17th at 7:15. Adoration and Confessions: Feb 24: 7:15- 8:15, HS classes. Elementary Confessions at 5:45

ST. PETER: 6:00 PM for elementary; 7:00 PM for HS.

- ◆ Coordinator for the CCD program needed Call Fr. Doug 997-2610
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OLGC: 6:30 PM - all grades begin with Stations of the Cross starting Feb. 17th.

Soup suppers before stations.

Each year we as Catholics are called to come together as one family to give thanks to God for the many gifts we have been given. **CFSA** is our opportunity to grow together in the life of the church, to support those around us as we do our family.

Our Parish goals for the 2016 year are: Sts. Simon & Jude: \$34,000

St. Peter: \$18,500 OLGC \$24,800

100% participation of that goal will be sen6 to the diocese. We hope that everyone will prayerfully consider the opportunity to offer a gift to this appeal. Remember any amount raised above our assessment stays in this parish. Thank you for being a part of CFSA - 2016

40 Days for Life

Beginning February 10th and running through March 20th there will be prayer vigils held outside the Planned Parenthood facility at 6511 W. 41st St. in Sioux Falls. This will be a peaceful time of prayer and fasting for an end to abortion and increased respect for human life from the time of conception. For more information on how you can sign up to pray please visit the website at https://40daysforlife.com/local-campaigns/sioux-falls/calendar/ or volunteer by calling Cathy Crisp at 605 261-5649.

e-and-family/national-marriage-week.cfm

16th Annual Catholic Family Services Gift of Hope Concert Featuring Up With People with their new show The Journey. For all ages, this high energy musical performance communicates a message of hope and goodwill,

Sunday, March 13th -2:00 p.m. and 6:00 p.m. O'Gorman Performing Arts Center

All proceeds benefit the Gift of Hope Fund which provides support for people of all faiths, ages and walks in life who have experienced grief, despair, abuse loss or pain of separation. For ticket information call 605-988-3765; you can also order tickets on-line at cfesd.org or purchase at a local Sioux Falls Hy-Vee Store.



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Bishop Hoch Scholarship 2016-2017: The Diocese awards a \$1,000.00 Scholarship in each of the seven deaneries, to enable a student to attend either Mount Marty College in Yankton or Presentation College in Aberdeen. Applications are being accepted for the 2016-17 school year. The scholarships are available to new students, students already in college and non-traditional students interested in attending or already attending Mount Marty and Presentation Colleges. Please contact Mary Andersen at mandersen@sfcatholic.org for more information.

Help for the military and their families: The St. Raphael Fund is meant to assist the military and their families in meeting needs not supported in other ways. The goal is encourage healthy families and to provide care for those who serve. Applications for funds can be sent to St. Raphael Fund, 523 N. Duluth Ave, Sioux Falls, SD 57104, or any diocesan Catholic Family Services Office, 1-800-700-7867. Donations to the fund can be sent to the same address.

HUNGERING FOR THE OPPORTUNITY Our journey with CRS Rice Bowl begins in Columbia, where coffee beans are changing lives! What actions can we take this Lent to change lives - at home and around the world? Visit **crsricebowl.org** for more

Best Lent Ever Program:

Join Dynamic Catholic's free email program and begin a 40-day spiritual journey to encounter Jesus. Beginning Ash Wednesday and continuing through the 40 days of Lent, you will receive daily inspirational emails, including short videos from Matthew Kelly. This year's Best Lent Ever Program is based on Matthew Kelly's new book "Rediscover Jesus". You can learn more about the program, sign up, and find resources to share at DynamicCatholic.com/Lent

Catholic Advocate Network - CAN

South Dakota's 2016 Legislative Session began on Tuesday, January 12, 2016. Visit the CAN website at www.sfcatholic.org for information and updates on the 2016 Legislative Session, including talking points on important bills, action alerts, and legislator contact information. Sign up for legislative emails and "like" the CAN Faceboook page to receive updates throughout the session. Call 605-988-3788 for more information.

<u>GRIEVING THE LOSS OF A LOVED ONE</u> Weekend Non-Denominational Retreat for adults who have lost a loved one and are trying to understand and reconcile their grief. Starts **Friday, March 18, 2016** at 7:00 p.m. and concludes Sunday, **March 20, 2016** at 12:00 p.m. at Broom Tree Retreat Center, Irene, SD. Directed by Dr. Marcie Moran and guests. Call 988-3775 or 1-800-700-7867 or email <u>cfs@sfcatholic.org</u> for more information or to register. Registrations limited.